



The George W. Yu Foundation at a Glance

Company Name	George W. Yu Foundation for Nutrition and Health Inc.	
Location	Annapolis, MD	
Phone	410-266-0626	
Website	http://yufoundation.org/	
Email (general)	klorence@hwlaw.com	
Description	<p>The Yu Foundation, founded in 2006, supports groundbreaking research into the links between nutrition and health and cancer, and works to discover research which may have gone unnoticed by other funding sources with an immediate goal of providing a metabolic approach to cancer. With a mission to display the influence of nutrition on health and chronic disease, preserve cellular regeneration and stem cell research, and prevent and remove accumulated body toxic chemical burdens, the Foundation gives preference to efficient and low overhead research.</p>	
About Dr. Yu	<p>Founder George W. Yu M.D., a surgeon in Annapolis, Md., has been professor of urology at the George Washington University Medical Center as well as a partner in Aegis Medical and Research Associates in Annapolis, Md. for the last 35 years. Dr. Yu has worked on a team of medical oncologists and radiation oncologists in designing treatment plans for patients with advanced metastatic cancers. He has dedicated his career to understanding the impact and importance of proper nutrition and the ways in which the human body responds to different forms of nutrition. His areas of interest include the biology of invasive bladder cancer and treatments including surgery, chemotherapy, radiation, and caloric restriction.</p>	
Board Members	<ul style="list-style-type: none"> • George W. Yu M.D. – President • Donald Rembert – Treasurer • Kevin Wayson – Emeritus Board Member 	<ul style="list-style-type: none"> • Kathy Wayson – Emeritus Board Member • Andrei Palmer – Board Member
Associations	<ul style="list-style-type: none"> • Caloric Restriction Association • Hippocrates Institute 	<ul style="list-style-type: none"> • Optimum Health Institute • Kushi Institute
Foundation Focuses	<ul style="list-style-type: none"> • Seeking cause for prevention • Integration of nutrition with modern science and medicine • Nutrition to maintain health • Natural hormones in health 	<ul style="list-style-type: none"> • Prevention and removal of toxic burden in body • Body and cellular preservation and regeneration
“Starvation” Emphasis	<p>The concepts researched and supported by the foundation differ from the traditional "nuclear genetic" or Somatic Mutational Theory approach which uses agents that destroy both cancer growth and natural cell growth. The Foundation emphasizes “starving” a unique feature in most cancers, which require abundant sugars and some specific amino acids molecules for energy and growth. Depriving the source of energy leads to cancer cell death without hurting the rest of the body.</p>	

Conference Retreat	The Yu Foundation convenes with The Foundation for Metabolic Cancer Therapies and Travis Christofferson as well as Natural Vibrant Health and Kendell Reichhart at the "Tripping Over the Truth Retreat" on cancer and Alzheimer's in Anne Arundel County, Maryland. The retreat brings together world renowned experts who address topics of interest to the health and wellness population.
Main Message	The foundation believes that cycling low calorie with a period of higher calorie is the most realistic and acceptable way to practice caloric restriction. Modified "Fasting" with soups and juices are helpful for those who do not practice any CR.
Media Contact	Knut Rostad knut@thefiduciaryinstitute.org
